

# Python scikit-fuzzy: developing a fuzzy expert system for diabetes diagnosis

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## Article Info

### Article history:

Received Jan 5, 2023

Revised Mar 15, 2023

Accepted Mar 27, 2023

### Keywords:

Diabetes diagnosis

Fuzzy expert system

Medical application

Python programming

## ABSTRACT

Nowadays, improvements in diabetes detection that provide patients with vital information are needed. This is due to the fact that Diabetes mellitus has generated a worldwide epidemic that costs society and people. Also, patients tend to misread symptoms, and clinicians who collect insufficient data may produce erroneous outcomes. Therefore, this study aims to demonstrate that a programme that integrates expert advice such as decisions, recommendations, or solutions is an excellent method for reducing the incidence of diabetes. Specifically, this study intends to implement a fuzzy expert system that can detect and report the early stages of diabetes as a viable approach. Furthermore, since this programme is available to everyone, people may easily self-diagnose themselves if they have a blood glucose monitoring device. However, developing the fuzzy expert system for real-world situations, such as diabetes patients, using any programming tools is not straightforward. Therefore, this study will provide a comprehensive approach to constructing a fuzzy expert system using the popular programming language Python.

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## 1. INTRODUCTION

Diabetes is a chronic condition that impairs the body's ability to metabolise food [1]. Diabetes is typically caused by either insufficient insulin production or improper insulin use. Three significant forms of diabetes exist type 1, 2, and gestational diabetes (diabetes while pregnant) [2]. Diabetes type 1 can develop at any age but is more common in children and teenagers. Type 2 diabetes is the most prevalent form of diabetes found in older persons. However, it is becoming more commonplace in children, adolescents, and young adults due to rising rates of obesity, inactivity, and poor nutrition. Gestational diabetes is a form of diabetes that can develop in women who do not already have diabetes during pregnancy. It occurs when the body is unable to produce sufficient insulin during pregnancy.

Malaysia has the highest rate of diabetes in the Western Pacific and is among the highest in the world, with an annual cost of over USD 600 million [3]. The prevalence of diabetes increased by 68.3% from

11.2% in 2011 to 18.3% in 2019 [4]. Consequently, it is crucial to create a diabetic diagnosis system to solve this problem.

Fuzzy logic has proven to be a brilliant and excellent importance tool for innovative medical systems [5], [6]. It provides an instant, simple method and precise assessment analysis of medical information to the system without specialists or medical professionals. These systems' outcomes depend on the knowledge base developed into them and obtained from field experts. Several medical diagnosis systems have already been designed and used in treatments and diagnoses. Therefore, it is worth introducing the fuzzy expert system for diagnosing diabetes.

However, it is challenging to model fuzzy expert systems for real-world applications since unambiguous design methodologies have yet to be fully established [7]. This paper will present a method for modelling the fuzzy expert system in the medical application that is diabetes diagnosis using the Python scikit-fuzzy. The contribution of this paper is as follows: i) Incorporate the expert's knowledge and ideas into the fuzzy expert system; ii) Modelling the task in the fuzzy expert system using the Python scikit-fuzzy; iii) Obtains the fuzzy rules from experts; and iv) Produce self-diagnosis diabetes application.

## 2. BACKGROUND

### 2.1. Diabetes disease

Diabetes mellitus (DM) is a metabolic condition with elevated blood glucose levels. This occurs when insulin production is insufficient or nonexistent, needing insulin injections [8]. The World Health Organization classifies diabetes mellitus into three categories. However, only three types of diabetes are expected: type 1 and type 2 diabetes, as well as gestational diabetes. Low insulin levels can develop classes requiring frequent insulin therapy [9]. Diabetes type 2 is more prevalent in adults aged 45 and older. However, many adolescents and young adults are also affected. Type 2 is the same as type 1. Insulin-resistant cells are those that have responded to insulin.

Diabetes is connected with chronic damage, organ failure, and organ injuries, including kidneys, nerves, the eyes, the heart, and blood vessels [10]. Severe hyperglycemia is characterised by polydipsia, polyuria, frequent intense hunger, weight loss, and poor vision. Chronic hyperglycemia can also be brought on by developmental failure or exposure to sickness. Frequently, untreated diabetes appears as two life-threatening symptoms: non-ketotic hyperosmolar syndrome and diabetic ketoacidosis. To avoid or prevent diabetes, we must perform regular screening early because this disease can be fatal if detected and treated late. Therefore, in this study, we offer a system for early-stage diabetes diagnosis.

### 2.2. Fuzzy logic systems

Zadeh introduced fuzzy logic (1965) [11]. An actual number between 0 and 1 describes the fuzzy set's degree of membership, where 0 represents "false", and 1 represents "true". Figure 1—stages of a fuzzy expert system—illustrates the process involved in the framework of fuzzy expert systems.

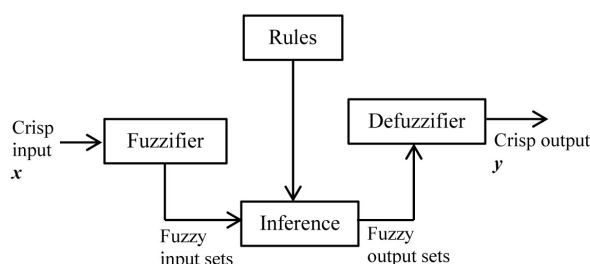


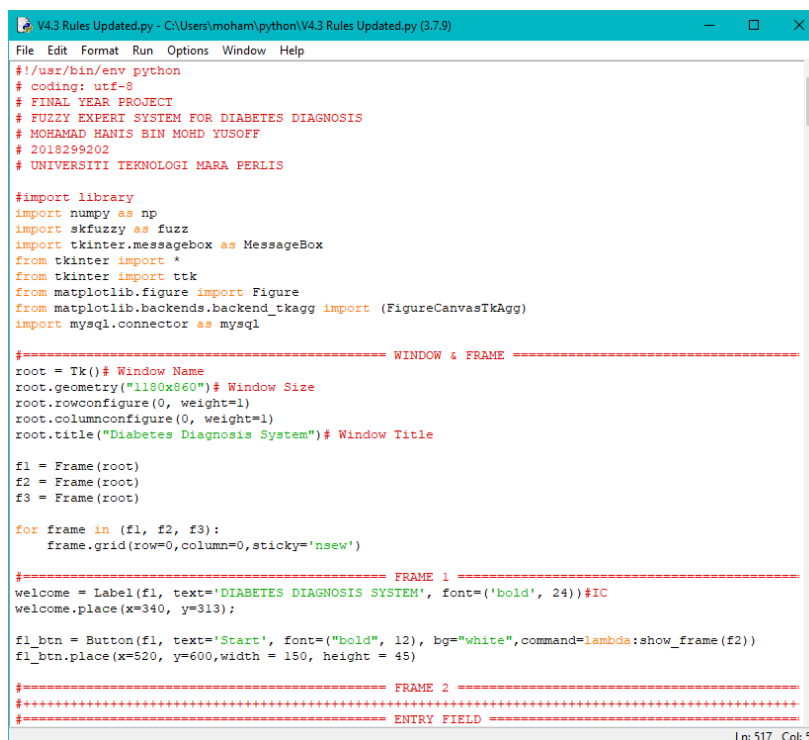
Figure 1. Fuzzy logic system. Adapted from [12]

Generally, fuzzy logic converts input to output using if-then statements, often known as rules. This rule will then be assessed with variables [12]. In addition, fuzzy logic is a mathematical function that uses fuzzy rules to convert input data to a scalar value. Concurrently, numerous outputs are viewed as a distinct multi-input set or a technique of multiple logic derived from fuzzy set theory frequently applied when a similar conclusion suffices [13].

In the medical field, fuzzy systems are widely used. As discussed in [14], fuzzy logic is a method of computation that focuses on "degrees of truth" rather than the traditional "true or false" (1 or 0) for modern machines relying on Boolean logic. Fuzzy logic is intended to resolve problems by considering all available data. As a result, the right decisions can be taken depending on your suggestions. Furthermore, any ambiguity can be easily handled using fuzzy logic [12]. The pillar of human speech is also the base of fuzzy logic. This is because fuzzy logic is founded on the mechanisms used for qualitative definition in daily lessons. Therefore, fuzzy systems seem to be a key to explainable artificial intelligence (XAI) [15]. However, since medical applications have too many complex variables, developing a fuzzy logic system in practice is challenging [5].

### 2.3. Python programming language

Python is a widely-used computer language with dynamic semantics [16]. Python syntax is simple to learn and comprehend, reducing software maintenance expenses. There are numerous modules and packages for Python. Its library is also freely distributable and available in source or binary form for all leading platforms. Many free resources are available on the internet, making it easy to study. Python also uses English grammar that is relatively straightforward to learn and comprehend. Python is well-liked by programmers due to its speed and absence of segmentation issues; it also increases productivity [17]. The Python integrated development environment (IDE) depicted in Figure 2 is Python's editor utilised most frequently by programmers.



```

V4.3 Rules Updated.py - C:\Users\vmoham\python\V4.3 Rules Updated.py (3.7.9)
File Edit Format Run Options Window Help
#!/usr/bin/env python
# coding: utf-8
# FINAL YEAR PROJECT
# FUZZY EXPERT SYSTEM FOR DIABETES DIAGNOSIS
# MOHAMAD HANIS BIN MOHD YUSOFF
# 2018299202
# UNIVERSITI TEKNOLOGI MARA PERLIS

#import library
import numpy as np
import skfuzzy as fuzz
import tkinter.messagebox as MessageBox
from tkinter import *
from tkinter import ttk
from matplotlib.figure import Figure
from matplotlib.backends.backend_tkagg import (FigureCanvasTkAgg)
import mysql.connector as mysql

#===== WINDOW & FRAME =====
root = Tk()# Window Name
root.geometry("1180x860")# Window Size
root.rowconfigure(0, weight=1)
root.columnconfigure(0, weight=1)
root.title("Diabetes Diagnosis System")# Window Title

f1 = Frame(root)
f2 = Frame(root)
f3 = Frame(root)

for frame in (f1, f2, f3):
    frame.grid(row=0,column=0,sticky='nsew')

#===== FRAME 1 =====
welcome = Label(f1, text='DIABETES DIAGNOSIS SYSTEM', font=('bold', 24))#IC
welcome.place(x=340, y=313);

f1_btn = Button(f1, text='Start', font=("bold", 12), bg="white",command=lambda:show_frame(f2))
f1_btn.place(x=520, y=600,width = 150, height = 45)

#===== FRAME 2 =====
#===== ENTRY FIELD =====
Ln: 517 Col: 59

```

Figure 2. Python IDE interface

## 3. PROBLEM STATEMENT

The decision-making system produces inaccurate and imprecise outcomes due to patient misinterpretation of symptoms, physicians' insufficient examinations, and inadequate appraisal of accessible information [18]. Consequently, it leads to less accurate diagnosis, the weighing or prioritisation of less significant analyses, and the failure to recognise the significance of some challenges [19]. In addition, they observed that time constraints and a constantly evolving standard of care led to physician errors and delayed clinical decisions. This strategy can be improved with the assistance of an expert system to the point where a decision-making system produces accurate and precise results [20]. Therefore, the development of this technology makes it possible for anyone interested to determine whether or not they have diabetes.

Python, a popular and open-source programming language [21], is advantageous for developing a system to diagnose diabetes since it is both current and extensible. However, it is difficult because it entails a medical application involving considerable decision-making uncertainty. In medical applications, the study proposes to employ the fuzzy expert system, which is adept at handling uncertainty and imprecise data. However, developing a fuzzy expert system for diabetes detection using Python remains problematic due to the lack of a consistent development guideline for real-world applications in Python [22].

#### 4. FUZZY EXPERT SYSTEM APPROACH

This study presents an approach for developing and implementing the fuzzy expert system, which relies heavily on Python's Tkinter module [23]. Also, the rule-based fuzzy expert system function was created with the Python module scikit-fuzzy (skfuzzy) [24], which implements fuzzy logic techniques. Matplotlib, an advanced Python tool for generating static, animated, and interactive visualisations, was used to create the automatically generated graph for this method. In addition, this method includes rules that the fuzzy expert system will utilise to make decisions based on user input and respond appropriately.

Figure 3 illustrates the element involved in the fuzzy expert system that applies in this study. The framework includes the user interface, domain expert and database, as in Figure 3. Some of the elements are described in the following subsections.

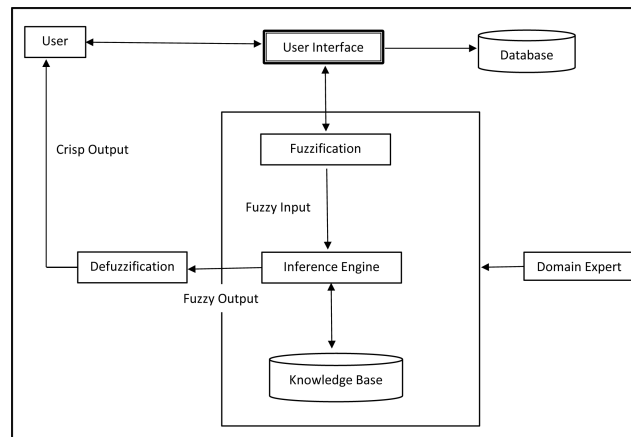


Figure 3. Fuzzy expert system framework

##### 4.1. Fuzzification

This approach uses seven attributes (symptoms): random blood glucose (RBG), fasting blood glucose (FBG), dizziness, abrupt weight loss, blurred vision, often hunger and fatigue. Yes or No answers are provided for dizziness, short weight loss, blurred vision, often hunger and fatigue. These replies will be converted to 0 if no symptoms are present and 1 if symptoms are present. They will be calculated using the user's random and fasting blood glucose measurements to define the type of diabetes, whether it is expected, pre-diabetes, or diabetes. It should be noted that the other five attributes mentioned above (dizziness, abrupt weight loss, blurred vision, often hunger, and fatigue) are used to support a more specific finding regarding diabetes disease. For instance, the "Range of Symptoms" shown in Figure 4 illustrate the range for each symptom utilised in the fuzzification process. The green line in Figure 5 indicates that the blood sugar level is normal or low, the yellow line represents pre-diabetes or moderate, and the red line represents diabetes or high.

While the graph for fasting glucose is identical, the measurement ranges for random and fasting glucose are distinct. The (1) is an example of a triangle fuzzifier formula that can be used to determine the crisp value.

$$A(x) = \begin{cases} (1 - \frac{|x_i - x'_i|}{b_i}) \dots (1 - \frac{|x_n - x'_n|}{b_n}) & \text{if } |x_i - x'_i| \leq b_i; i = 1; 2; \dots; n \\ 0 & \text{otherwise} \end{cases} \quad (1)$$

where  $\{b; i = 1; \dots; n\}$  are positive parameters.

```
# Generate fuzzy triangular membership funct:
rbg_lo = fuzz.trimf(x_rbg, [0, 4, 8]) # rand(
rbg_md = fuzz.trimf(x_rbg, [7.8, 9.4, 11])
rbg_hi = fuzz.trimf(x_rbg, [10.8, 14.9, 19])
fbg_lo = fuzz.trimf(x_fbg, [0, 3.1, 6.2]) # :
fbg_md = fuzz.trimf(x_fbg, [6, 6.5, 7])
fbg_hi = fuzz.trimf(x_fbg, [6.8, 9.9, 13])
wl_no = fuzz.trimf(x_wl, [0, 0.6, 1.2]) # we:
wl_yes = fuzz.trimf(x_wl, [0.8, 1.4, 2])
oh_no = fuzz.trimf(x_oh, [0, 0.6, 1.2]) # of:
oh_yes = fuzz.trimf(x_oh, [0.8, 1.4, 2])
dz_no = fuzz.trimf(x_dz, [0, 0.6, 1.2]) # of:
dz_yes = fuzz.trimf(x_dz, [0.8, 1.4, 2])
tr_no = fuzz.trimf(x_tr, [0, 0.6, 1.2]) # of:
tr_yes = fuzz.trimf(x_tr, [0.8, 1.4, 2])
bv_no = fuzz.trimf(x_bv, [0, 0.6, 1.2]) # bl:
bv_yes = fuzz.trimf(x_bv, [0.8, 1.4, 2])
res_lo = fuzz.trimf(x_res, [0, 0.6, 1.2]) # :
res_md = fuzz.trimf(x_res, [1, 1.5, 2])
res_hi = fuzz.trimf(x_res, [1.8, 2.4, 3])
```

Figure 4. Python code for triangle membership function generation

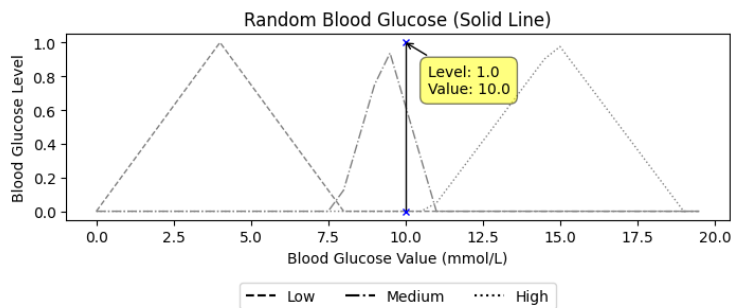


Figure 5. Membership function – random blood glucose

**4.2. Evaluation of fuzzy inference**

The inference engine applies the inference rules to the fuzzy input to produce the fuzzy output [25]. Specifically, the inference rules are employed to evaluate the linguistic values and map them to a fuzzy set, which then requires the defuzzification procedure to be converted into a crisp value. The “OR” operator is utilised in this study to determine the disjunction of rule antecedents, as seen in Table 1. The definition of the fuzzy “OR” operator is given as (2).

$$A \cup B = \max[ A(x); B(x)] \tag{2}$$

The membership in class A is specified as  $A(x)$  while  $B(x)$  represents the membership in class B. The rules depict the rules that were employed in this study, which totals ten rules with seven attributes as shown in Table 1.

Table 1. Sample of rules obtained from experts

Rules Number	RGB	FBG	Weight Loss	Often hunger	Dizziness	Fatigue	Blurry Vision
R1	Low	Low	No	No	No	No	No
R2	Medium	Low	No	No	No	No	No
R3	Medium	Medium	No	No	No	No	No
R4	High	Medium	No	No	No	No	No
R5	High	High	No	No	No	No	No
R6	Low	Low	Yes	Yes	Yes	Yes	Yes
R7	Medium	Low	Yes	Yes	Yes	Yes	Yes
R8	Medium	Medium	Yes	Yes	Yes	Yes	Yes
R9	High	Medium	Yes	Yes	Yes	Yes	Yes
R10	High	High	Yes	Yes	Yes	Yes	Yes

### 4.3. Defuzzification

Aggregation is the process of combining the output of all fuzzy rules into a single fuzzy set. In contrast, defuzzification is the converse of fuzzification, in which the aggregated output of a fuzzy logic system is turned to its crisp output. This study used the centroid to define a vertical line and divide a compiled set into two equal parts. The equation for calculating the centre of gravity (COG) is given in (3). Defuzzification method (COG) finds a point representing the centre of gravity of the fuzzy set  $A(x)$ , on the interval, and  $a$  and  $b$  is a reasonable estimate can be obtained by calculating it over a sample of points. As depicted in Figure 6, we translate (3) into Python code to implement defuzzification in this study.

$$COG = \frac{\int_a^b A(x)x dx}{\int_a^b A(x)dx} \quad (3)$$

```
# Aggregate (combine) all three output membership functions together
# Aggregate all output - max
aggregated = np.fmax(reslo, np.fmax(resmd, reshi))

# Calculate defuzzified result / Defuzzify using centroid
res = fuzz.defuzz(x_res, aggregated, 'centroid')
res_activation = fuzz.interp_membership(x_res, aggregated, res) # 1
```

Figure 6. Python code to implement the procedure of defuzzification

## 5. INITIAL DEMONSTRATION

This section will describe diabetes diagnosis as an example of the proposed framework for developing complicated medical apps in Python. This experiment verifies the accuracy of the system's outputs based on data obtained from expert and user inputs. Figure 7 demonstrates that the user must enter the system's required information first. The input field indicates where the user must enter the necessary information. After inputting the data, the system will compute and generate the result based on user input using the approach described in Figure 8. The output displays the user-entered information and the resulting text. Also, the resultant graph depicts (as can be seen in Figure 9) the outcome and value for both random and fasting blood glucose levels.

Diabetes Diagnosis System

ID Number : 252532

Name : Jamal

Age : 40

Blood glucose (Normal) : 10 0>7.8<11<19

Blood glucose (Fasting) : 8 0>6<7<13

Lost weight :  No  Yes

Often feel hungry :  No  Yes

Frequent headaches :  No  Yes

Often feel tired :  No  Yes

Blurred vision :  No  Yes

Figure 7. Input Field

Output	
Patient ID :	252532
Patient Name :	Jamal
Patient Age :	40
Blood glucose (Normal)	10
Blood glucose (Fasting)	8
Lost weight :	No
Often feel hungry :	Yes
Frequent headaches :	Yes
Often feel tired :	No
Blurred vision :	No
Your Stage :	Diabetes

Figure 8. Output interface

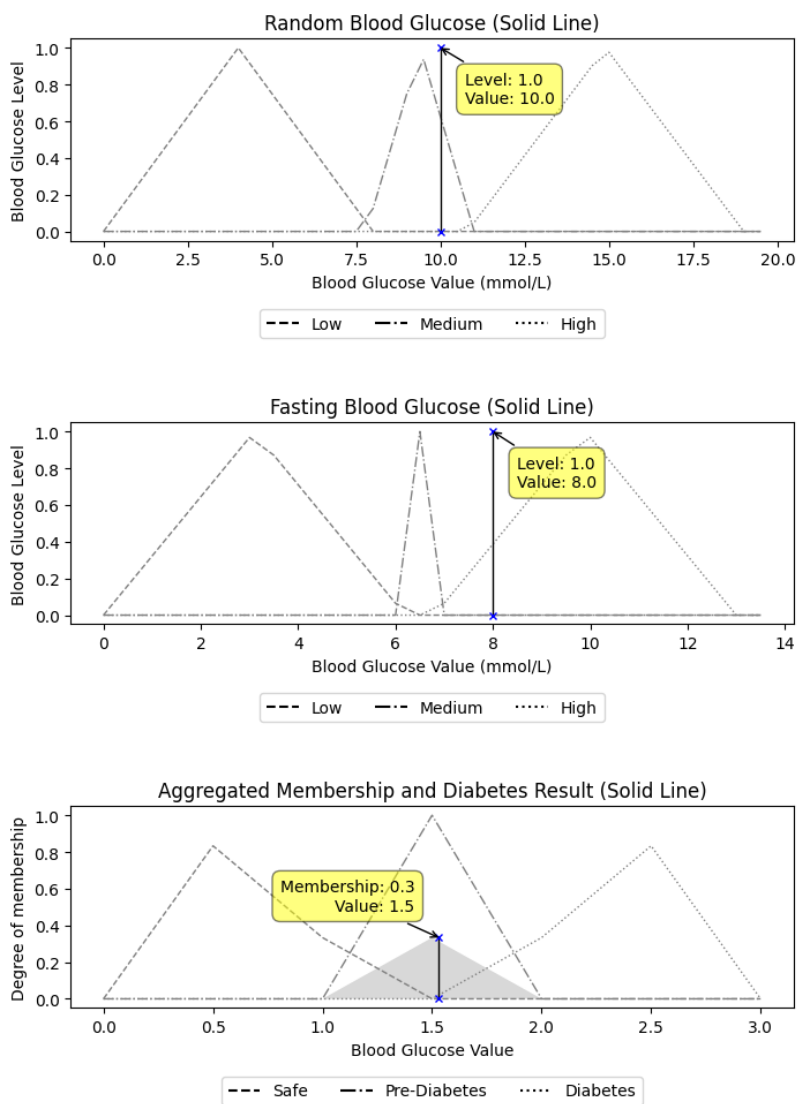


Figure 9. Membership functions: result

## 6. RESULTS AND DISCUSSION

As described in section 5, we have demonstrated the application of the proposed framework for diabetes diagnosis via the Python program. Figure 9 indicates that the user has been diagnosed with diabetes. The user entered the values 10 for random blood glucose and 9 for fasting blood glucose after comparing the values of random and fasting blood glucose with the graph, as in Figure 9. In contrast, 10 is regarded as medium or pre-diabetes for unanticipated blood glucose situations, but a value of 9 is deemed high or diabetes for fasting blood glucose.

Also, the result is shown in two methods, first by using the triangular graph as in Figure 9. This graph is separated into three triangle shapes with its colour. The left side of the triangle, green, is considered safe from diabetes. In contrast, the middle side of the triangle is considered pre-diabetes, and the colour given is yellow as a warning. Lastly, it is the right side of the triangle, which is diabetes; this triangle is set with red colour as it is considered dangerous, and the user who is diagnosed with this should see the doctor. Another method is translating those values from the trapezoid graph into easy-to-read text in Figure 8. Easy to Read Text is separated into three status: safe, pre-diabetes, and diabetes. Hence, the user's inputs determine this status. In order to validate rules based on fuzzy expert systems, eleven experts were utilised. The expert-derived principles shown in Table 1 are employed by this system to forecast diabetes status. Based on current evidence, medical experts concur on the standards for the diagnosis of diabetes, indicating that the system's calculations and conclusions may be correct.

## 7. CONCLUSION

In conclusion, this study provided a self-diagnosis of the fuzzy expert system for diabetic disease utilising Python programming. Based on current research evidence, the diabetes diagnosis prototype has shown promising results since it can determine a person's diabetes status based on seven attributes. This aims to examine the relationship between the output from the input variables using a set of fuzzy rules. Also, in this study, seven attributes are merged to form a single set of ten fuzzy rules. These rules will be applied by their rationale. These rules have distinct inference behaviours, each corresponding to various intended applications. In addition, this study was created using Python, and Tkinter will provide insight for the researcher to model the fuzzy logic system for real-world application. The inclusion of an interface simplifies system administration for the user. In this study, a medical professional or any system user can save their or other user data by providing the needed information and saving it for future reference. While this study gives intriguing insights on modelling the fuzzy expert system for real-world applications using the Python programming language, additional research is required, such as using more complex applications with larger datasets and implementing different defuzzification strategies. This may provide a more comprehensive understanding of fuzzy expert system modelling, particularly for programmers utilising languages other than Python.

## ACKNOWLEDGEMENTS

This work was supported by a Fundamental Research Grant Scheme (FRGS) from the Ministry of Higher Education in Malaysia (Reference No.: FRGS/1/2021/ICT02/UITM/02/1).

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